

PSYCHOLOGY

Psychology is the empirical study of behavior, emotion and mental processes. In pursuing the Associate in Arts in Psychology for Transfer degree, students acquire skills in research, information gathering, and analytic thinking. Students majoring in psychology develop critical thinking, problem solving and written and verbal communication skills.

Although some careers in psychology require an advanced degree (e.g., mental health therapist, behavior analyst, or university professor), students majoring in psychology will acquire a variety of skills that employers value. Review the American Psychological Association's *The Skillful Psychology Student: Prepared for Success in the 21st Century Workplace* for a summary of these marketable skills.

Career Opportunities

Academic Counselor, Administrator, Behavior Analyst, Career Counselor, Community College Instructor, Data Analyst, Drug Abuse Counselor, Employment Counselor, Forensic Psychologist, Human Factors Specialist, Marriage and Family Therapist, Mental Health Worker, Personnel Analyst, Probation Officer, Psychiatric Aide, Psychometrist, Public Health Statistician Trainee, Research Analyst, Research Technician, Social Research Trainee, Sports Psychologist, Student Affairs Officer, Survey Designer, Training Specialist, University Professor

Faculty

Borrueal, Keiry

Garcia, April

Transfer

Most colleges and universities offer psychology or behavioral sciences education. Thus, there are a variety of baccalaureate programs for psychology transfer students to consider. The public institutions highlighted in this section offer undergraduate psychology programs within California and nearby in the state of Nevada.

Southern California

- California State University, San Bernardino - Department of Psychology (<https://www.csusb.edu/psychology/undergraduate-programs/psychology-major/>)
 - Psychology (B.A.)
 - Biological Psychology (B.A.)
 - Industrial and Organizational Psychology (B.A.)
- University of California, Riverside - Department of Psychology (<https://psychology.ucr.edu/undergraduate-study/>)
 - Psychology (B.A./B.S.)
 - Neuroscience (B.A./B.S.)
 - Psychology, Law & Society (B.A.)

Northern California

- Cal State East Bay - Department of Psychology (<https://www.csueastbay.edu/psychology/>)
 - Psychology (B.A.)
 - Industrial/Organizational Psychology (B.S.)
 - Ergonomics and Human Factors (B.S.)
- University of California, Davis - Department of Psychology (<https://psychology.ucdavis.edu/undergraduate/>)

- Psychology (A.B.)
- Biological Psychology (B.S.)
- Quantitative Psychology (B.S.)

Nevada

- University of Nevada, Las Vegas - Department of Psychology (<https://www.unlv.edu/psychology/>)
 - Psychology (B.A.)

UNLV's Psychology B.A. program can be completed online (<https://www.unlv.edu/academics/degrees/online/>). UNLV offers reduced nonresident tuition for San Bernardino County residents. Inquire about the "Good Neighbor" classification.

Visit [assist.org](https://www.assist.org/) (<https://www.assist.org/>) for official transfer and articulation information for California's public colleges and universities. Please stop by the Transfer Center in Building 23 or make an appointment with a counselor if you have questions.

Psychology, AA-T

State Control Number: 33026

Program Code: PSYCT.AA or PSYCT.IGETC.AA

Approved for Federal Financial Aid: Yes

The Associate in Arts in Psychology for Transfer degree is to prepare students for transfer to the California State University system to complete a degree in Psychology or similar major. It is specifically designed to satisfy the lower division requirements for the Baccalaureate degree in Psychology at a California State University. This degree complies with SB1440 and California Education Code section 66746 (https://leginfo.ca.gov/faces/codes_displayText.xhtml/?lawCode=EDC&division=5.&title=3.&part=40.&chapter=9.2.&article=3.). The Associate of Arts Degree in Psychology benefits students by providing a structured academic pathway to transfer as a psychology major within the CSU system. The completion of an advanced degree and/or professional certificate, such as a baccalaureate degree, is required for students to pursue employment, graduate studies, and/or careers in related psychological fields.

To earn this degree complete the major coursework listed here with "C" grades or better and the following graduation requirements: 60 CSU transferable units; either the CSU General Education (<https://catalog.vvc.edu/degrees-certificates/csuge-breadth/#csuge>) or IGETC (<https://catalog.vvc.edu/degrees-certificates/igetc/#igetc>) (for CSU or UC) pattern; and a 2.0 minimum overall CSU GPA. Courses used in the major may also be counted in the general education areas. Courses used for this major may also be used to earn other degrees at VVC.

Code	Title	Units
Required Courses		
PSYC 101	Introductory Psychology	3.0
PSYC 215	Introduction to Statistics in Social and Behavioral Sciences	3.0
PSYC 217	Introduction to Research Methods in Psychology	4.0
List A		
Complete one course from the following:		3.0-4.0
BIOL 100	General Biology	
PSYC 109	Biopsychology	
List B		

Code	Title	Units
Complete one course from the following, or any List A course not used:		3.0
PSYC 110	Developmental Psychology	
List C		
Complete one course from the following, or any List A or B course not used:		
PSYC 121	Intorduction to Human Sexuality	
PSYC 204	Social Psychology	
PSYC 213	Abnormal Psychology	
SOC 101	Introduction to Sociology	
Total Units		19-20

Applied Developmental Psychology Certificate of Achievement

State Control Number: 38779

Program Code: ADEVPSYC.CERT

Approved for Federal Financial Aid: Yes

The Applied Developmental Psychology (ADP) Certificate of Achievement aims to prepare students to function in a variety of settings that serve individuals with developmental disorders. A student earning the Applied Developmental Psychology Certificate of Achievement will be prepared for entry-level positions as a behavior therapist, classroom paraeducator, or job coach for persons with disabilities where an associate or bachelor's degree is not required, and where continued supervision is provided by a licensed or credentialed professional. Possible job titles include, but are not limited to, the following: Behavioral Therapist, Behavior Technician, Behavior Instructor, Behavior Interventionist, Child Care Worker, Shadow Aide, Behavioral Aide, Special Education Assistant, Instructional Assistant, Paraprofessional, and Paraeducator.

Code	Title	Units
Required Courses		
PSYC 101	Introductory Psychology	3.0
PSYC 110	Developmental Psychology	3.0
PSYC 213	Abnormal Psychology	3.0
<i>Interpersonal Communication</i>		
CMST 106	Interpersonal Communication	3.0
<i>Second Language</i>		
Complete one of the following courses:		4.0-6.0
ASL 122	American Sign Language I	
ASL 123	American Sign Language II	
ASL 124	American Sign Language III	
ASL 125	American Sign Language IV	
SPAN 101A & SPAN 101B	Fundamentals of Spanish 101A and Fundamentals of Spanish 101B	
or SPAN 101 Elementary Spanish		
Total Units		16-18

Psychology Courses

PSYC 101 Introductory Psychology (3.0 Units)

Psychology is the scientific study of behavior and mental processes. The content focuses on the exploration of major psychological theories and concepts, methods, and research findings in psychology. Topics include the biological bases of behavior, perception, cognition and consciousness, learning, memory, emotion, motivation, development, personality, social psychology, psychological disorders and therapeutic approaches, and applied psychology. C-ID: PSY 110. CSU,UC
Recommended Preparation: ENGL 101.0 or ENGL 101H
Lecture Hours: 54.0
Transfer: Transfers to both UC/CSU

PSYC 109 Biopsychology (3.0 Units)

Prerequisite: PSYC 101 or PSYC 101H. This course introduces the scientific study of the biological bases of behavior and its fundamental role in the neurosciences. Physiological, hormonal, and neurochemical mechanisms, and brain-behavior relationships underlying the psychological phenomena of sensation, perception, regulatory processes, emotion, learning, memory, and psychological disorders will be addressed. The course also notes historical scientific contributions and current research principles for studying brain-behavior relationships and mental processes. Ethical standards for human and animal research are discussed in the context of both invasive and non-invasive experimental research. C-ID: PSY 150. CSU, UC
Prerequisite(s): PSYC 101 or PSYC H101, Minimum grade C
Lecture Hours: 54.0
Transfer: Transfers to both UC/CSU

PSYC 110 Developmental Psychology (3.0 Units)

This course includes the study of theories, methods, and research findings regarding biosocial, cognitive, and psychosocial development of the individual across the lifespan including death, dying and bereavement. (UC credit limitation). C-ID: PSY 180. CSU,UC
Recommended Preparation: PSYC 101 and Eligibility for ENGL 101.0
Lecture Hours: 54.0
Transfer: Transfers to both UC/CSU

PSYC 121 Intorduction to Human Sexuality (3.0 Units)

This course is an introductory overview of the field of human sexuality. Human sexuality will be examined from psychological, biological, sociocultural, and historical perspectives. Students will be encouraged to become aware of their own sexual attitudes, values, and behaviors and to evaluate the consistency of their behaviors within their own moral frameworks. Current sex norms and various aspects of interpersonal and individual sexual adjustment will be explored. C-ID: PSY 130. CSU,UC
Lecture Hours: 54.0
Transfer: Transfers to both UC/CSU

PSYC 138 Work Experience Education Psychology (1-8 Units)

Work Experience Education is a key element of Victor Valley College's comprehensive approach to career development. Work Experience Education is a 16-, 12-, or 8-week course that enables students to receive college credit for paid or unpaid work opportunities. This course helps students gain valuable on-the-job work experience while providing practical education, best practices in professional development, and academic guidance through the course of their work opportunity. The combination of practical experience and curricular development empowers students to be more competitive, efficient and valuable employees upon completion of this program and/or their academic program trajectory. The course is ideal for students who are cross-training at their current worksite for upward mobility or seeking career changes, as well as those looking for entry-level occupational training through work-based learning experiences such as through an internship. Work Experience Education transforms community businesses, industries, and public agencies into expanded educational training laboratories. Credit is awarded on the basis of learning objectives completed and the number of hours the student trains. Students must create/complete new learning objectives each semester they enroll. Students may utilize their present work sites. More details are available in the Work Experience Education Office, (760) 245-4271, ext. 2281. The office, located in the Academic Commons, is open Monday-Thursday, 8:00 a.m.-1:00 p.m., 2:00-6:00 p.m., and by appointment. Please refer to the Work Experience Education section in this catalog for more information. CSU

Transfer: Transfers to CSU only

PSYC 204 Social Psychology (3.0 Units)

The focus of this course is the relationship between the individual and society including such topics as social identity, conformity, obedience and deviance, attitudes and attitude change, attribution theory, persuasion, prejudice and stereotyping, aggression and prosocial behavior, interpersonal relationships, group dynamics, and conflict and conflict resolution. CSU/UC

Prerequisite(s): PSYC 101, Minimum grade C

Lecture Hours: 54.0

Transfer: Transfers to both UC/CSU

PSYC 213 Abnormal Psychology (3.0 Units)

This course introduces the scientific study of psychopathology and atypical behaviors, broadly defined. Students investigate abnormal behavior from a variety of perspectives including biological, psychological, and sociocultural approaches. An integrative survey of theory and research in abnormal behavior, and intervention and prevention strategies for psychological disorders are also introduced. C-ID: PSY 120. CSU, UC

Recommended Preparation: ENGL-101.0 or ENGL-101H

Lecture Hours: 54.0

Transfer: Transfers to both UC/CSU

PSYC 215 Introduction to Statistics in Social and Behavioral Sciences (3.0 Units)

This is an introduction to the basic statistical methods and analyses commonly used in behavioral and sociological research. Topics include: descriptive and inferential statistics including levels and types of measurement; measures of central tendency and dispersion; normal, t, and chi-square distributions; probability and hypothesis testing; measures of significance; regression and correlation; and, analysis of variance (ANOVA). Application of statistical software to social and behavioral science data required. C-ID: SOCI 125. CSU/UC
Recommended Preparation: ENGL 101.0 and PSYC 101 or SOC 101
Lecture Hours: 54.0

Transfer: Transfers to both UC/CSU

PSYC 217 Introduction to Research Methods in Psychology (4.0 Units)

This course surveys psychological research design and methods with an emphasis on correlational relationships, experimental procedures, descriptive methods, instrumentation, data collection, statistical analysis, and interpretation. Research design and methodology will be examined through the review of scholarly journal articles. In laboratory sessions students will conduct research in psychology and/or social science. Actual data collected from research conducted during laboratory sessions will be analyzed with statistical software. C-ID: PSY 205 B. CSU,UC

Prerequisite(s): (PSYC 101) and (MATH 120 or PSYC 215, Minimum grade C)

Recommended Preparation: ENGL 101.0 or ENGL 101H

Lecture Hours: 54.0; Lab Hours: 54.0

Transfer: Transfers to both UC/CSU

PSYC 221A Psychology of Adulthood and Aging (2.0 Units)

This course examines the physical, social, cognitive, and personality development of adults with an emphasis on aging in middle and late adulthood. This course is designed for psychology majors, students seeking the Human Diversity Certificate of Achievement, and those seeking to teach "Courses for Older Adults" through VVC's noncredit program. CSU

Recommended Preparation: ENGL 101.0 or ENGL 101H

Lecture Hours: 36.0

Transfer: Transfers to CSU only

PSYC 221B Aging and Diversity (2.0 Units)

Aging is examined through the lenses of race, ethnicity, gender, sexual orientation, religion, class, and community. This course is designed for the following: psychology majors, students completing the Psychology AD-T, students seeking the Human Diversity Certificate of Achievement, and those seeking to teach "Courses for Older Adults" through VVC's noncredit program. CSU

Recommended Preparation: ENGL 101.0 or ENGL 101H

Lecture Hours: 36.0

Transfer: Transfers to CSU only

Program Learning Outcomes

Program Learning Outcomes (PLOs) are statements of the kind of learning a program hopes a student will achieve. The PLOs describe the knowledge, skills, problem-solving, communication and values that apply to all certificates and/or degrees within that program.

Upon completion of the program, students should be able to:

1. Demonstrate a breadth of knowledge and critical thinking skills as related to human behavior and mental processes.

2. Apply the scientific method to distinguish science from pseudoscience as it relates to behavior and mental processes.
3. Communicate scientifically to peers and to the community.
4. Demonstrate a general understanding of typical and atypical human development and functioning.
5. Effectively communicate with others to solve problems.
6. Develop beginner-level communication skills to work with diverse populations in educational, mental-health, and social services positions.