

# PSYCHOLOGY (PSYC)

---

## **PSYC 101 Introductory Psychology (3.0 Units)**

Psychology is the scientific study of behavior and mental processes. The content focuses on the exploration of major psychological theories and concepts, methods, and research findings in psychology. Topics include the biological bases of behavior, perception, cognition and consciousness, learning, memory, emotion, motivation, development, personality, social psychology, psychological disorders and therapeutic approaches, and applied psychology. C-ID: PSY 110. CSU,UC  
Recommended Preparation: ENGL 101.0 or ENGL 101H  
Lecture Hours: 54.0  
Transfer: Transfers to both UC/CSU

## **PSYC 109 Biopsychology (3.0 Units)**

Prerequisite: PSYC 101 or PSYC 101H. This course introduces the scientific study of the biological bases of behavior and its fundamental role in the neurosciences. Physiological, hormonal, and neurochemical mechanisms, and brain-behavior relationships underlying the psychological phenomena of sensation, perception, regulatory processes, emotion, learning, memory, and psychological disorders will be addressed. The course also notes historical scientific contributions and current research principles for studying brain-behavior relationships and mental processes. Ethical standards for human and animal research are discussed in the context of both invasive and non-invasive experimental research. C-ID: PSY 150. CSU, UC  
Prerequisite(s): PSYC 101 or PSYC H101, Minimum grade C  
Lecture Hours: 54.0  
Transfer: Transfers to both UC/CSU

## **PSYC 110 Developmental Psychology (3.0 Units)**

This course includes the study of theories, methods, and research findings regarding biosocial, cognitive, and psychosocial development of the individual across the lifespan including death, dying and bereavement. (UC credit limitation). C-ID: PSY 180. CSU,UC  
Recommended Preparation: PSYC 101 and Eligibility for ENGL 101.0  
Lecture Hours: 54.0  
Transfer: Transfers to both UC/CSU

## **PSYC 121 Introduction to Human Sexuality (3.0 Units)**

This course is an introductory overview of the field of human sexuality. Human sexuality will be examined from psychological, biological, sociocultural, and historical perspectives. Students will be encouraged to become aware of their own sexual attitudes, values, and behaviors and to evaluate the consistency of their behaviors within their own moral frameworks. Current sex norms and various aspects of interpersonal and individual sexual adjustment will be explored. C-ID: PSY 130. CSU,UC  
Lecture Hours: 54.0  
Transfer: Transfers to both UC/CSU

## **PSYC 138 Work Experience Education Psychology (1-8 Units)**

Work Experience Education is a key element of Victor Valley College's comprehensive approach to career development. Work Experience Education is a 16-, 12-, or 8-week course that enables students to receive college credit for paid or unpaid work opportunities. This course helps students gain valuable on-the-job work experience while providing practical education, best practices in professional development, and academic guidance through the course of their work opportunity. The combination of practical experience and curricular development empowers students to be more competitive, efficient and valuable employees upon completion of this program and/or their academic program trajectory. The course is ideal for students who are cross-training at their current worksite for upward mobility or seeking career changes, as well as those looking for entry-level occupational training through work-based learning experiences such as through an internship. Work Experience Education transforms community businesses, industries, and public agencies into expanded educational training laboratories. Credit is awarded on the basis of learning objectives completed and the number of hours the student trains. Students must create/complete new learning objectives each semester they enroll. Students may utilize their present work sites. More details are available in the Work Experience Education Office, (760) 245-4271, ext. 2281. The office, located in the Academic Commons, is open Monday-Thursday, 8:00 a.m.-1:00 p.m., 2:00-6:00 p.m., and by appointment. Please refer to the Work Experience Education section in this catalog for more information. CSU  
Transfer: Transfers to CSU only

## **PSYC 204 Social Psychology (3.0 Units)**

The focus of this course is the relationship between the individual and society including such topics as social identity, conformity, obedience and deviance, attitudes and attitude change, attribution theory, persuasion, prejudice and stereotyping, aggression and prosocial behavior, interpersonal relationships, group dynamics, and conflict and conflict resolution. CSU/UC  
Prerequisite(s): PSYC 101, Minimum grade C  
Lecture Hours: 54.0  
Transfer: Transfers to both UC/CSU

## **PSYC 213 Abnormal Psychology (3.0 Units)**

This course introduces the scientific study of psychopathology and atypical behaviors, broadly defined. Students investigate abnormal behavior from a variety of perspectives including biological, psychological, and sociocultural approaches. An integrative survey of theory and research in abnormal behavior, and intervention and prevention strategies for psychological disorders are also introduced. C-ID: PSY 120. CSU, UC  
Recommended Preparation: ENGL-101.0 or ENGL-101H  
Lecture Hours: 54.0  
Transfer: Transfers to both UC/CSU

**PSYC 215 Introduction to Statistics in Social and Behavioral Sciences (3.0 Units)**

This is an introduction to the basic statistical methods and analyses commonly used in behavioral and sociological research. Topics include: descriptive and inferential statistics including levels and types of measurement; measures of central tendency and dispersion; normal, t, and chi-square distributions; probability and hypothesis testing; measures of significance; regression and correlation; and, analysis of variance (ANOVA). Application of statistical software to social and behavioral science data required. C-ID: SOCI 125. CSU/UC  
Recommended Preparation: ENGL 101.0 and PSYC 101 or SOC 101  
Lecture Hours: 54.0  
Transfer: Transfers to both UC/CSU

**PSYC 217 Introduction to Research Methods in Psychology (4.0 Units)**

This course surveys psychological research design and methods with an emphasis on correlational relationships, experimental procedures, descriptive methods, instrumentation, data collection, statistical analysis, and interpretation. Research design and methodology will be examined through the review of scholarly journal articles. In laboratory sessions students will conduct research in psychology and/or social science. Actual data collected from research conducted during laboratory sessions will be analyzed with statistical software. C-ID: PSY 205 B. CSU,UC  
Prerequisite(s): (PSYC 101) and (MATH 120 or PSYC 215, Minimum grade C)  
Recommended Preparation: ENGL 101.0 or ENGL 101H  
Lecture Hours: 54.0; Lab Hours: 54.0  
Transfer: Transfers to both UC/CSU

**PSYC 221A Psychology of Adulthood and Aging (2.0 Units)**

This course examines the physical, social, cognitive, and personality development of adults with an emphasis on aging in middle and late adulthood. This course is designed for psychology majors, students seeking the Human Diversity Certificate of Achievement, and those seeking to teach "Courses for Older Adults" through VVC's noncredit program. CSU  
Recommended Preparation: ENGL 101.0 or ENGL 101H  
Lecture Hours: 36.0  
Transfer: Transfers to CSU only

**PSYC 221B Aging and Diversity (2.0 Units)**

Aging is examined through the lenses of race, ethnicity, gender, sexual orientation, religion, class, and community. This course is designed for the following: psychology majors, students completing the Psychology AD-T, students seeking the Human Diversity Certificate of Achievement, and those seeking to teach "Courses for Older Adults" through VVC's noncredit program. CSU  
Recommended Preparation: ENGL 101.0 or ENGL 101H  
Lecture Hours: 36.0  
Transfer: Transfers to CSU only