# **COSMETOLOGY (COSM)**

#### COSM 0100 Health & Safety Course (0.0 Units)

This introductory course focuses on the fundamentals of health and safety as outlined by The California Board of Barbering and Cosmetology, serving as the prerequisite to multiple courses within the Cosmetology discipline. This is a lecture-based course that will review health and safety topics including: working safely with chemicals, the SDS (Safety Data Sheet), various communicable diseases, health and safety problems, and infection control practices and prevention. Additionally, it will introduce students to the history and career paths pertaining to the fields of Cosmetology, Barbering, Esthetics, and Nail Technology. This course will fulfil a minimum of 48 hours of the health and safety component of training as outlined in the state-mandated 1000-hour cosmetology quidelines.

Lecture Hours: 54.0 Transfer. Not transferable

#### COSM 0101 Cosmetology Fundamentals (0.0 Units)

TCosmetology Fundamentals is the second course in a six-part cosmetology program. Cosmetology Fundamentals is a rigorous course designed to provide students with a comprehensive introduction to cosmetology principles and practices. These methods will prepare students for a career in cosmetology using the standards outlined by the California Board of Barbering and Cosmetology. Topics include health and safety, disinfection, hairstyling, chemical hair services, skin care, hair removal, and manicuring. This course will fulfill a minimum of 248 hours of the training outlined in the state-mandated 1000-hour cosmetology quidelines.

Prerequisite(s): Take COSM-0100 Lecture Hours: 171.0; Lab Hours: 108.0

Transfer. Not transferable

# COSM 0102 Cosmetology Nail and Esthetics Technology (0.0 Units)

Cosmetology Nail and Esthetics Technology is the third course in a six-part cosmetology program. Cosmetology Nail and Esthetic Technology is a rigorous course designed to provide students with a comprehensive introduction to cosmetology principles and practices. These methods will prepare students for a career in cosmetology using the standards outlined by the California Board of Barbering and Cosmetology. Topics include professional image and ethics, sanitation, disinfection, client safety, standard massage techniques, client consultation, skin analysis, contraindications in the field of esthetics, hair removal, makeup color theory, and continued focus on hair services. This course will fulfill a minimum of 256 hours of the training outlined in the state-mandated 1000-hour cosmetology guidelines.

Prerequisite(s): Take COSM-0101 Lecture Hours: 99.0; Lab Hours: 189.0

Transfer. Not transferable

#### COSM 0103 Cosmetology Hair Science (0.0 Units)

Cosmetology Hair Science is the fourth course in a six-part cosmetology program. This course provides a comprehensive overview of cosmetology principles and practices in hairstyling, haircutting, and chemical hair services as outlined by the California Board of Barbering and Cosmetology. Hair Science methods build on the cosmetology fundamentals learned in previous sections and will prepare students for a career in cosmetology. Topics include health and safety, disinfection, hair coloring, permanent waving, curl re-formation, hair lightening, and relaxing techniques. This course will fulfill a minimum of 256 hours of the training outlined in the state-mandated 1000-hour cosmetology guidelines.

Prerequisite(s): Take COSM-0102 Lecture Hours: 99.0; Lab Hours: 189.0

Transfer. Not transferable

### COSM 0104 The Business of Cosmetology & Skills Review (0.0 Units)

The Business of Cosmetology & Skills Review is the fifth course in a six-part cosmetology program. The Business of Cosmetology & Skills Review is a rigorous course designed to provide students with a comprehensive overview of cosmetology principles and practices. These methods will prepare students for a career in cosmetology using the standards outlined by the California Board of Barbering and Cosmetology. Topics include health and safety, disinfection, hairstyling, chemical hair services, skin care, hair removal, and manicuring. This course will fulfill a minimum of 248 hours of the training outlined in the state-mandated 1000-hour cosmetology guidelines.

Prerequisite(s): Take Cosm-0103 Lecture Hours: 171.0; Lab Hours: 108.0

Transfer: Not transferable

# COSM 0105 Cosmetology State Board Test Preparation (0.0 Units)

Cosmetology State Board Test Preparation is the sixth course in a six-part cosmetology program. Cosmetology State Board Test Preparation is a rigorous course designed to provide students with a comprehensive review of cosmetology principles and practices. This course will prepare students for the California Board of Barbering and Cosmetology license test. Topics include health and safety, disinfection, hairstyling, chemical hair services, skin care, hair removal, and manicuring. This course will fulfill a minimum of 48 hours of the training outlined in the statemandated 1000-hour cosmetology guidelines.

Prerequisite(s): Take COSM-0104

Lecture Hours: 54.0 Transfer: Not transferable

#### COSM 0111 Barbering Fundamentals (0.0 Units)

Barbering Fundamentals is the second class in a six-part Barbering Program. Barbering Fundamentals is a rigorous course designed to provide students with a comprehensive introduction to barbering principles and practices. These methods will prepare students for a career in barbering according to the standards outlined by the California Board of Barbering and Cosmetology. Topics include health and safety, disinfection, hairstyling services, chemical hair services, shaving and trimming of the beard. This course will fulfill 248 hours of the training outlined in the state-mandated 1000-hour barbering guidelines.

Prerequisite(s): Take COSM-0100 Lecture Hours: 171.0; Lab Hours: 108.0

Transfer: Not transferable

# COSM 0112 Barbering Techniques and Hair Design Concepts (0.0 Units)

Barbering Techniques and Hair Design Concepts is the third course in a six-part barbering program. This course provides a comprehensive overview of barbering principles and practices in hairstyling, haircutting, chemical hair services and shaving and trimming of the beard as outlined by the California Board of Barbering and Cosmetology. Barbering Techniques and Hair Design Concepts methods build on the barbering fundamentals learned in previous sections and will prepare students for a career in barbering. Topics include health and safety, disinfection, hair coloring, permanent waving, curl re-formation, hair lightening, relaxing techniques, straight razor shaves, basic facial techniques and shaping of the beard. This course will fulfill a minimum of 256 hours of the training outlined in the state-mandated 1000-hour barbering guidelines.

Prerequisite(s): Take Cosm-0111 Lecture Hours: 88.0; Lab Hours: 189.0

Transfer. Not transferable

#### COSM 0113 Barbering Chemical Concepts (0.0 Units)

Barbering Chemical Concepts is the fourth course in a six-part cosmetology program. This course provides a comprehensive overview of barbering principles and practices in hairstyling, haircutting, chemical hair services, shaving and trimming of the beard as outlined by the California Board of Barbering and Cosmetology. Barbering Chemical Concepts builds on the barbering fundamentals learned in previous sections and will prepare students for a career in barbering. Topics include health and safety, disinfection, hair coloring, permanent waving, curl re-formation, hair lightening, relaxing techniques, straight razor shaves, basic facial techniques and shaping of the beard. This course will fulfill a minimum of 256 hours of the training outlined in the statemandated 1000-hour cosmetology guidelines.

Prerequisite(s): Take COSM-0112 Lecture Hours: 88.0; Lab Hours: 189.0

Transfer. Not transferable

### COSM 0114 The Business of Barbering and Skills Review (0.0 Units)

The Business of Barbering & Skills Review is the fifth course in a six-part barbering program. This course provides a comprehensive overview of barbering principles and practices in hairstyling, haircutting, chemical hair services, shaving and trimming of the beard as outlined by the California Board of Barbering and Cosmetology. The Business of Barbering & Skills Review methods build on the barbering fundamentals learned in previous sections and will prepare students for a career in barbering. Topics include health and safety, disinfection, hair coloring, permanent waving, curl re-formation, hair lightening, relaxing techniques, straight razor shaves, basic facial techniques and shaping of the beard. This course will fulfill a minimum of 248 hours of the training outlined in the state-mandated 1000-hour cosmetology guidelines.

Prerequisite(s): Take COSM-0113 Lecture Hours: 171.0; Lab Hours: 108.0

Transfer. Not transferable

#### COSM 0115 Barbering State Board Test Preparation (0.0 Units)

Barbering State Board Test Preparation is the sixth course in a six-part cosmetology program. Barbering State Board Test Preparation is a rigorous course designed to provide students with a comprehensive overview of barbering principles and practices. This course will prepare students for the California Board of Barbering and Cosmetology license test. Topics include health and safety, disinfection, hairstyling, chemical hair services, shaving and trimming of the beard. This course will fulfill a minimum of 48 hours of the training outlined in the state-mandated 1000-hour cosmetology guidelines.

Prerequisite(s): Take COSM-0114

Lecture Hours: 54.0 Transfer: Not transferable

### COSM 0201 Manicuring Academy Concepts (0.0 Units)

The Manicuring Academy is the second course in a two-part manicuring training program. The Manicuring Academy is a rigorous course designed to provide students with a comprehensive introduction to cosmetology principles and practices. These methods will prepare students for a career in manicuring using the standards outlined by the California Board of Barbering and Cosmetology. Topics include health and safety, disinfection, manicuring, pedicuring, and nail technology. This course will fulfill a minimum of the 400 hours of training required in the statemandated manicuring training program.

Lecture Hours: 153.0; Lab Hours: 297.0

Transfer: Not transferable

# COSM 0202 Esthetician Academy Concepts (0.0 Units)

The Esthetician Academy is the second course in a two-part esthetician program. The Esthetician Academy is a rigorous course designed to provide students with a comprehensive introduction to esthetician principles and practices. These methods will prepare students for careers in skin care using the standards outlined by the California Board of Barbering and Cosmetology. Topics include health and safety, disinfection, facials, eyelash extensions, eyebrow tinting, airbrushing, waxing, microdermabrasion, wraps, and chemical treatments. This course will fulfill the 600 hours of training required in the state-mandated esthetician training program.

Lecture Hours: 297.0: Lab Hours: 378.0

Transfer: Not transferable

# COSM 0203 Hairstylist Academy Concepts (0.0 Units)

Hairstylist Academy is the second course in a two-part hairstyling program. Hairstylist Academy is a rigorous course designed to provide students with a comprehensive introduction to hairstyling principles and practices. These methods will prepare students for a career in hairstyling using the standards outlined by the California Board of Barbering and Cosmetology. Topics will include arranging, blowdrying, cleansing, curling, dressing, hair analysis, shampooing, waving, nonchemical straightening, and haircutting, including the use of shears, razors, electrical clippers and trimmers, and thinning shears, for wet and dry cutting. This course will fulfill a minimum 608 hours of training required under the state-mandated 600-hour hairstyling guidelines.

Lecture Hours: 225.0; Lab Hours: 459.0

Transfer: Not transferable

# COSM 0206 Advanced Barber Crossover and Test Preparation (0.0 Units)

Advanced Barber Crossover and Test Preparation is the second course in a two-part barbering crossover program, which is for currently licensed California Cosmetologists. This course provides additional instruction in barbering principles and practices such as haircutting, shaving and trimming of the beard as outlined by the California Board of Barbering and Cosmetology. Advanced Barber Crossover and Test Preparation builds on the barbering fundamentals learned in the previous course, and will prepare students for a career in barbering. Topics include health and safety, disinfection and sanitation, haircutting, chemical services, straight razor shaves, basic facial techniques and shaping of the beard. Advanced Barber Crossover and Test Preparation will provide a comprehensive review to pass the California State Board of Barbering and Cosmetology exam. This course will fulfill a minimum of 120 hours of training required within the state-mandated 200 hour barber crossover guidelines.

Lecture Hours: 81.0; Lab Hours: 54.0

Transfer. Not transferable

#### COSM 0301 Salon Management and Business Developmen (0.0 Units)

The Salon Management and Business Development Essentials course is designed to equip aspiring cosmetologists with the fundamental knowledge and skills required to effectively manage a salon or start their own successful beauty business. This course combines theoretical concepts with practical applications to provide students with a comprehensive understanding of salon operations, client management, marketing strategies, and essential administrative tasks.

Lecture Hours: 54.0 Transfer. Not transferable